



**For Immediate Release:  
Tuesday, Oct. 2, 2007**

**Contact: Bert Scoglietti  
(302) 739-4206  
(302) 233-2196 cell  
Jane Haseldine  
(302) 672-5104**

## **More than 400 State Employees Participate in the Wilmington Riverfront Governor's Cup Run/Walk**

*Dover* – More than 400 state workers and employees from Wilmington Riverfront businesses participated in the second Governor's Cup 5K Run/Walk at the Riverfront as part of a statewide initiative to promote health and wellness.

The Governor's Cup is part of Governor Ruth Ann Minner's DelaWELL program, a voluntary state employee health and wellness initiative that was launched in February.

"The health of our state employees is very important to me, and their participation in this event proves that they are making their health a priority," Gov. Minner said. "By improving their health, our state employees are certainly benefiting themselves and their families, but they are also providing a benefit to the state in terms of lowered health care costs."

State employees who participated in the Governor's Cup represented numerous state agencies and divisions.

"It's great to see so many state employees out here today," said Lt. Governor John Carney. "Hopefully a lot of today's participants will use this event as a starting point and incorporate more physical activity into their daily lives."

"Once again, our state employees showed that they care about their health and wellness by participating in the Governor's Cup event," said OMB Director Jennifer Davis.

More than 8,000 state employees have signed up for the DelaWELL program. After completing their HRA, participants received a personal report that included feedback, tools and resources to assist in making lifestyle changes. The program also offers personalized lifestyle and disease management, coaching programs for conditions such as asthma, diabetes and coronary artery disease, and online health resources. For more information on DelaWELL go to [www.ben.omb.delaware.gov/delawell](http://www.ben.omb.delaware.gov/delawell).